

## AL-WAHDA SPORTS FESTIVAL: MEN'S BALL HOCKEY RULES & REGULATIONS

1. 2-minute penalty for all minor infractions; 4 minutes for head contact (swearing is a minor infraction; refs discretion).
2. No warm up time will be guaranteed; puck drop will be at the allotted start time.
3. 3 Minor penalties, or one major penalty will lead to immediate ejection from game and review by disciplinary committee.
4. Hockey Gloves are mandatory; head /eye protection is optional (Helmets and Face Cages are mandatory for ages 8 to 16).
5. No timeouts in round robin, (except under 15, 1 timeout per game); one timeout (30 Seconds) per game in elimination games per team for all age groups.
6. Fighting is immediate ejection from the tournament; refs discretion for match penalties which will result in suspensions.
7. Ball out of play or any stoppage due to whistle will result in change of possession behind the net.
8. Face-offs after every goal.
9. Since games are run time, penalties will start upon drop of the ball (shooting ball out intentionally is delay of game; refs discretion).
10. No timeouts allowed by penalized team once the penalty has begun.

### **Timings (Adult)**

#### **Round Robin**

18-minute halves

1-minute intermission 3-minute changeover

#### **Playoffs**

20-minute halves, last minute stop time

1-minute intermission 3-minute changeover

### **Timings (under 15)**

#### **Round Robin**

12-minute halves

1-minute intermission 3-minute changeover

#### **Playoffs**

15-minute halves, last minute stop time

1-minute intermission 3-minute changeover

Playoffs for all divisions – 5 min OT – running time. Followed by 3 penalty shots if tied.

**Please note, standings are based on win / loss record followed by goal differential.**

